

# Bishop Brossart FATHER'S DAY Run & Walk 5K



**June 20, 2010 8:00 AM Alexandria, KY**

**COURSE:** Course will start at high school, cross US 27, and interweave through Gilbert Ridge and Breckenridge subdivisions. Water station and medical assistance personnel on sight. The course is considered flat and fast.

**AWARDS:** Presented to Top Three overall Male / Female winners, top age group winners, top Dad & Son and Top Dad & Daughter.

**DIVISIONS:** 14 and under, 15-19, 20-29, 30-39, 40-49, 50-59, 60 and above

**REGISTRATION:** Pre-registration: \$20 with t-shirt. Mail-in registrations must be postmarked by June 11th.

On-line registration: \$20 with t-shirt. Available through through June 15th at [WWW.SPRUNNING.COM](http://WWW.SPRUNNING.COM)

Late/Race Day Registration: \$25 with t-shirt (while supply lasts)

Race Day Registration/Package Pickup: begins at 6:30 AM at the Seither Sports Center (BBHS Gym).

**POST-RACE:** Complimentary refreshments and food will be available following the event.

**DIRECTIONS:** BBHS 4 Grove Street, Alexandria, Ky. South on U.S. 27. Approximately 6.5 miles once you past NKU. Take a left on Pete Neiser Dr and right on Avenue of Champions. Use Parking lot by gymnasium and parking lot by old firehouse on Pete Neiser Dr.

**TO VOLUNTEER:** Contact either of the Bishop Brossart representatives:

**MARC TEISMANN** (Event Chairperson) at (859)630-2936 or email [Tiefly@yahoo.com](mailto:Tiefly@yahoo.com).

**MIKE BRAUN** at (513) 623-4826 or email [mikebraun262@gmail.com](mailto:mikebraun262@gmail.com)

For more Race information, course map, directions, and on-line registration please visit [WWW.SPRUNNING.COM](http://WWW.SPRUNNING.COM)

Send check and registration form to:

**STEVE PRESCOTT** • c/o Bishop Brossart 5K Run • PO Box 454 • Mason, Ohio 45040

Checks payable to: Bishop Brossart High School

## BISHOP BROSSART 5K RUN & WALK REGISTRATION

Name: \_\_\_\_\_

Address: \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ ZIP \_\_\_\_\_

Email: \_\_\_\_\_ @ \_\_\_\_\_ Phone ( \_\_\_\_\_ ) \_\_\_\_\_

Age (As of race day): \_\_\_\_\_ Sex: M F Course: RUN WALK T-Shirt: S M L XL

Father's Name: \_\_\_\_\_ If applicable, son and/or daughter's names \_\_\_\_\_

### MUST BE SIGNED TO CONSTITUTE VALID ENTRY

In consideration of the acceptance of my entry, I for myself, my executors, administrators & assignees, do hereby release & discharge all claims against the City of Alexandria, Bishop Brossart High School, Steve Prescott and any race official, of damages, demands, actions whatsoever in any manner arising out of my participation in said athletic event. I attest that I am physically fit and sufficiently trained and have full knowledge of the risk involved. I also agree that I may be examined during the race by qualified personnel in the event that medical problems arise. The race officials or qualified personnel have the right to disqualify and remove me from the event if, in their opinion, I may be suffering from a life-threatening condition. I give permission to use photographs for promotional purposes.

Relevant medical conditions: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Parent's Signature (for entrants under 18) \_\_\_\_\_ Date: \_\_\_\_\_

In case of medical emergency, contact: \_\_\_\_\_ Phone ( \_\_\_\_\_ ) \_\_\_\_\_

Emergency contact "at race": \_\_\_\_\_ Phone ( \_\_\_\_\_ ) \_\_\_\_\_