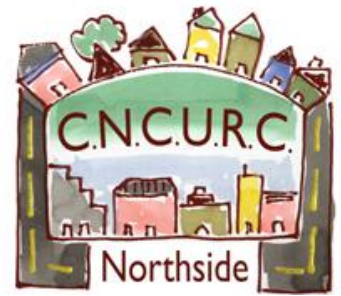




**Celebrate EARTH DAY at
Northside's Third Annual
Reduce, Recycle, RUN!
APRIL 22, 2012**



**7:30 REGISTRATION 9:00 START
5K USATF CERTIFIED COURSE THROUGH
HISTORIC AND BEAUTIFUL SPRING GROVE CEMETERY
10:00 Kermit Run (Children's Dash)**

4389 Spring Grove Avenue, Cincinnati, OH - Behind Gwen Mooney Funeral Center

Proceeds go to Cincinnati Northside Community Urban Redevelopment Corporation (CNCURC) a 501(c)(3) non-profit, to help stabilize and revitalize the community by increasing homeownership and eliminating blight in Northside.

Awards: Overall men and women run and walk winners; Top 2 in each age category.
Runners: 14/ under, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70/over
Walkers: 29 & under, 30-39, 40-49, 50-59, 60/over

- **Get \$20 in coupons for discounts at local Northside area restaurants**
- **Recycle your old cell phones and receive \$2 off admission to the Cincinnati Zoo & Botanical Garden**
- **Recycle your old running/athletic shoes – gently worn shoes will be distributed to families in need and worn out shoes will be shredded for their base materials to be used anew.**
- **Using FDA approved compostable paper cups, or feel free to bring your own water bottle**

Official Pre-Registration Form

Complete and return form below with check made out to "CNCURC" for \$20 (\$25 with T-shirt) postmarked by Saturday, April 14, 2012. Children 9 and under are free. Mail to: CNCURC, C/O 4154 Lakeman St., Cincinnati, OH 45223. **Online registration is available at www.sprunning.com until Wednesday, April 19, 2012.** Registration day of race is \$25.

First Name: _____ Last Name: _____
Street _____ City _____ State _____ Zip _____
Phone _____ Email Address _____

Sex (circle one): Male Female Age (on race day) _____
Division: (circle one) 5K Run 5K Walk
Select shirt size* (circle one): S M L XL XXL (T-shirts will be for sale on race day for \$5, while supplies last)

***Sign up in teams of 4-7 and save! \$15 per person (\$20 with T-shirt) if all forms are mailed together in one envelope with one check for the full amount by Saturday, April 14, 2012. Team winner determined by totaling top 4 times.

Team Name _____

_____ I am unable to attend the Reduce, Recycle, RUN but want to donate \$_____ to CNCURC (mail form and donation to address listed above).

List medical conditions: _____

In case of emergency contact: _____ Phone _____ Referred by: _____

WAIVER: In consideration for the acceptance of my entry, I, for myself, my executors, administrators and assignees do hereby release and discharge Cincinnati Northside Community Urban Redevelopment Corporation (CNCURC), Steve Prescott and all sponsors and individuals assisting the presentation of the Reduce, Recycle, RUN! Walk/Run from all claims of damages, demands and actions whatsoever in any manner or growing out of my participation in this event. I hereby attest and verify that I have full knowledge of the risks involved in this race, that I assume and pay my own medical and emergency expenses in the event of accident, illness or other incapacity, regardless or whether I have authorized such expenses, and that I am physically fit and sufficiently trained to participate in the race.

Signature _____
Name _____ Date _____

Signature of parent if under 18 _____
Name _____ Date _____

Online registration for the event and results after the event are available at www.sprunning.com.
Race day registration is available for \$25. Email prescott.races@yahoo.com for more info.
(Sorry, Spring Grove Cemetery does not allow dogs.)