



8th Annual Cincinnati Aruna 5K Run/Walk

Benefiting the Aruna Project
PO Box 8724 Cincinnati, OH 45208
ArunaProject.com

Date: April 16th, 2016

Course: Race starts near the Freedom Center main entrance and heads west looping south around Paul Brown Stadium before heading further west on West Pete Rose Way. Eventually turning left at Gest Street and onto Mehring way along the Ohio River heading back east. Continue on this course until passing the Red’s Stadium and making a loop on Mehring Way to heading west. Turn right on Joe Nuxhall Way, then left on Freedom Way. Finish in front of the Freedom Center.

Awards: Cincinnati Bengals player Vinny Rey and his wife Noel Rey are serving as co-chairs of the event. Following the finish of the Cincy Aruna Run Vinny and Noel will be aiding in the celebration of funds raised by awarding appreciation gifts to the team and individual who raised the most money for freedom. As well they will be giving out awards to the Overall Winner, Top Male finisher, Top Female finisher, as well as male and female winners of each age category as follows: 12 & under, 13-15, 16-19, 20-29, 30-39, 40-49 50-59, 60-69, 70 & over.

Registration: Pre-registration is available by mailing your entry form and fee, postmarked by Friday, April 8th, or online at www.sprunning.com by April 13th 11:59pm. Pre-registration fees for the 5K are \$30.00 and include a shirt and an Athletic Drawstring Backpack made by women who are now freed as a result, in part, of previous Aruna Runs.

In-person registration at Fleet Feet Oakley during packet pick-up is also an option.

Race Day Registration starts at 7:30 a.m. in the Freedom Center lobby. Race Day registration fees are \$30.

Packet Pick-Up: Fleet Feet Oakley, Thursday, April 14th 6pm-8pm and race day.

Runner Divisions: 12 & under | 13-15 | 16-19 | 20-29 | 30-39 | 40-49 | 50-59 | 60-69 | 70 & over

Walker Divisions: 29 & under | 30-39 | 40-49 | 50-59 | 60 +

Post Race: Refreshments and door prizes for participants (must be present to win) after the race. Awards given to the division winners and overall winners.

Questions: Call 513-313-1343 or log on to ArunaProject.com

First Name: _____ Last Name _____

Gender: ____M ____F Age (on race day):_____ Division: ____ 5KRun ____5KWalk

Shirt Size: S M L XL XXL child S M L Email:_____

Address:_____ Cell Phone #:_____

City:_____ State:_____ Zip:_____

Waiver: In consideration of the acceptance of my entry, I hereby waive on behalf of myself, my heirs, executors, and assigns, any and all claims of any nature arising from or due to my participation in the XXXXXXXXXX. I also hereby release XXXXXXXXXXXXXXX Steve Prescott, USATF, all sponsors, workers, officials, and volunteers from any and all claims arising from or due to my participation in this event. I agree to follow all the rules of participation and acknowledge that the race committee may refuse or return my entry at its discretion. I understand the risks for such a run or walk, and have trained and prepared adequately in preparation for this event. I HAVE NOTED ANY MEDICAL CONDITION ON THE REVERSE SIDE OF THIS FORM. I permit the use of my name and picture participation in this event for publicity, for no additional consideration. I also understand that entry fees are non-refundable.

Signature _____ Date: _____

Parents Signature (if under 18) _____ Date: _____

Emergency Contact _____ Phone Number: _____

Mail this form and check by Friday, April 8th, 2016 to: Cincy Aruna 5K Run/Walk, c/o Steve Prescott, P.O. Box 454, Mason, OH 45040 | Make check payable to: Aruna Project