

# EVERY KID DESERVES A HERO 5K

Benefits *The Bair Foundation Foster Care Network*

[www.sprunning.com](http://www.sprunning.com)

**Date:** Sunday, May 22, 2016 - Race starts at 10 AM

**Course:** The Niederman Family Farm, 5110 Lesourdsville West Chester Road, Hamilton Ohio. Course includes some tough terrain. **Strollers discouraged.**

**Registration:** Pre-registration is available by mailing your entry form and fee, postmarked by Friday, May 13, 2016, or on-line at [www.sprunning.com](http://www.sprunning.com) no later than Wednesday, May 18, 2016. Pre-registration fees for the 5K are \$25 and include a shirt. In-person registration at the registration table during packet pick-up starts at 9:00a.m. and includes shirt while supplies last. Race Day registration fees are \$30 for the 5K. (Children under 12 free with paying adult. Non-paying children will not be calculated in race results. – \*Opportunity to purchase additional shirt – Cost: \$10 per shirt) Discount code will be offered for local heroes. Contact 513-771-1606 for code.

**Packet Pick-Up:** Race Day beginning at 9:00am

**Runner Divisions:** Medals for Top 5 male and Top 5 female finishers.

**Kids Race:** All registered children who complete Kids Race will receive medals.

**Post Race:** Refreshments and door prizes for participants (must be present to win) after the race. Awards given to the Top 5 Male and Female finishers. Medals for all registered children who complete. Face painting, balloon artists, and Super Hero meet and greet.

**Questions:** Call (513) 771-1606 or (513) 777-1080, or log onto [www.sprunning.com](http://www.sprunning.com)

## -----Official Race Entry Form-----

First Name: \_\_\_\_\_ Last Name: \_\_\_\_\_  
Gender: \_\_\_M \_\_\_F Age (on race day) \_\_\_\_\_ Division: \_\_\_ 5K Run/Walk \_\_\_ Kids Race  
Shirt Size: S M L XL XXL Child: S M L Email: \_\_\_\_\_  
Address: \_\_\_\_\_ Daytime Phone: \_\_\_\_\_  
City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_  
Medical Issues: \_\_\_\_\_

**Waiver:** In consideration of the acceptance of my entry, I hereby waive on behalf of myself, my heirs, executors, The Bair Foundation, The Niederman Family Farm, and assigns, any and all claims of any nature arising from or due to my participation in the EVERY KID DESERVES A HERO 5K. I also hereby release The Bair Foundation, The Niederman Family Farm, Steve Prescott, all sponsors, workers, officials, and volunteers from any and all claims arising from or due to my participation in this event. I agree to follow all the rules of participation and acknowledge that the race committee may refuse or return my entry at its discretion. I understand the risks for such a run or walk, and have trained and prepared adequately in preparation for this event. I HAVE NOTED ANY MEDICAL CONDITION ABOVE. I permit the use of my name and picture participation in this event for publicity, for no additional consideration. I also understand that entry fees are non-refundable.

Signature \_\_\_\_\_ Date: \_\_\_\_\_

Parents' Signature (if under 18) \_\_\_\_\_ Date: \_\_\_\_\_

Emergency Contact \_\_\_\_\_ Phone: \_\_\_\_\_

\*Additional Shirts: Quantity: \_\_\_\_\_ Size(s): \_\_\_\_\_ (specify child or adult shirt) Sub Total: \$ \_\_\_\_\_

**Total Amount Enclosed \$** \_\_\_\_\_

Mail this form and check by Friday, May 13, 2016 to: The Bair Foundation, 260 Northland Boulevard, Suite 124, Cincinnati, OH 45246

Make check payable to: The Bair Foundation