



**2016 Racin' in Mason 5K Run/Walk Summer Classic
with Kids 1K Fun Run
Saturday, July 30th beginning at 8:30am
Pine Hill Lakes Park, Mason, Ohio**

Please join us on Saturday, July 30th at Pine Hill Lakes Park in Mason, Ohio (211 Kings Mills Road) for the annual Racin' in Mason 5K Run/Walk Summer Classic with a Kids 1K Fun Run to benefit the Mason High School/Middle School Cross Country/Track & Field program, sponsored by their Booster Organization.

Courses:

- The 5K run/walk is a scenic 3.1 mile race on paved paths through beautiful Pine Hill Lakes Park, Corwin Nixon Park and surrounding bike paths (8:30am start time)
- The Kids 1K Fun Run is a short paved path race in the park near the Pine Hill Lake (9:15am start time).

Post-Race Awards: An awards ceremony will follow each race once results are completed.

- For the 5K race, the top 2 runners in each age/gender will be recognized: <14, 15-18, 19-24, 25-29, 30-39, 40-49, 50-59, 60-69, 70 & over. In addition, the top 2 walkers in each age/gender will be recognized: <29, 30-39, 40-49, 50-59, 60 & over.

Registration Fees:

- Racin' in Mason 5K Summer Classic - **\$25.00 (includes a race T-shirt**)**
 - Sleep In option - **\$20.00 (includes a race T-Shirt**, but you get to sleep on Saturday)**
 - Kids 1K Fun Run - **\$5.00** (without t-shirt, but all children running will receive a participation medal).
- ** *T-shirts guaranteed if registration received by July 21st. T-shirts may be available if registration is received after this date.*

Online Registration: Please visit www.sprunning.com for secure on line registration until July 28th, by 6:00pm.

Mail-In Registration: Please complete the Entry form below and it must be post marked by July 23rd.

Race Day Registration: Please arrive at least one hour prior to race to register.

Sleep in/Pre-race Pick Up: Save time on Saturday and pick up your race packet on Friday, July 29th from 11:30am-7:00pm at Buckeye Running Company, 4200 Aero Drive, Mason (next to Blue Ash Chili/across from Luxottica).

Racin' in Mason 5K Summer Classic w/ Kids 1K Fun Run

First Name: _____ Last Name: _____

Address: _____ City: _____ State: _____ Zip Code: _____

E-mail: _____ Phone: _____

Age (as of July 30, 2016): _____ Sex: M ___ F ___ T-Shirt Size (Please circle ONE): S M L XL XXL (XXL add \$6 to registration)

Division (Please circle ONE): 5K Run / 5K Walk / Kids 1K Fun Run / Sleep In

Make checks payable to: Mason Cross Country/Track & Field Boosters

Mail to: Racin' in Mason 5K Run/Walk Summer Classic, c/o Steve Prescott, PO Box 454, Mason, Ohio 45040

Waiver: In consideration of the acceptance of my entry, I hereby waive, on behalf of my heirs, executors and assigns, all claims of any nature arising from my participation in the Mason 5K Run/Walk and do hereby release Steve Prescott, USATF, all sponsors, workers, officials and volunteers from any claim whatsoever arising from my participation in this event. I agree to abide by all the rules of participation and acknowledge that the Race Committee may refuse or return my entry at its discretion. I understand the risks for such activity and have trained adequately in preparation for the activity. I HAVE NOTED ANY MEDICAL CONDITION on this form next to my signature. I will permit the use of my name and picture participation in this event. I understand that this event is not sponsored by Mason Schools.

Signature: _____ Date: _____

Relative medical conditions: _____

Parent Signature (if under 18): _____ Date: _____

In case of emergency, contact: _____ Phone: _____